

Kid's Yoga



Yoga for kids encourages their natural abilities and interests, while helping them develop strength, flexibility and an overall sense of well-being.

**FREE
WEEK TRIAL!**

**No purchase
necessary.**

Month to Month Program

Mondays 6:00pm

Wednesdays 4:15pm

5-13 years old

\$49/Monthly

**Register at desk | Limited Space*



609-654-1440

3 Nelson Drive | Medford | www.medfordfitness.com

See club for details. *\$25 Registration Fee