

Small Group Training

Change Your Life!

Certified Training Professionals

PROVEN RESULTS

**21 Day
FREE
TRIAL**



**No
Membership
Needed!**

UNLIMITED CLASSES:

6/11/18-9/3/18

Month to Month Program

SMALL GROUP TRAINING SCHEDULE

Mondays	8:30am, 9:30am, 5:30pm, 6:30pm
Tuesdays	8:30am, 6:00pm
Wednesdays	8:30am, 9:30am, 5:30pm, 6:30pm
Thursdays	8:30am, 6:00pm
Fridays	8:30am, 9:30am
Saturdays	8:30am

Classes limited to 6 clients



Change your life

609-654-1440

3 Nelson Drive • Medford • www.medfordfitness.com

New clients only. Limited time offer.

