

Kid's Yoga



Yoga for kids encourages their natural abilities and interests, while helping them develop strength, flexibility and an overall sense of well-being.

**FREE
30 DAY TRIAL!**
No purchase
necessary.

WEDNESDAY'S

Month to Month Program

4:15pm-5:15pm

5-10 years old

\$49/Monthly

Register at desk | *Limited Space*



609-654-1440

3 Nelson Drive | Medford | www.medfordfitness.com

See club for details.